



# ARCTIC EXTREME

*Spirulina and bilberry*

Each individual Extreme extract corresponds nutritionally to 100 g of fresh vegetables, fruit and berries.

## EFFICIENT NUTRIENT PUNCH!

*Cherish your well-being with superfoods.*



### ARCTIC EXTREME: INGREDIENTS

#### SPIRULINA

At the UN World Food Conference in 1974, spirulina was named as the best alternative source of nutrition in the world. Spirulina is the most nutrient-rich plant in the world.

Hawaii is an ideal growing environment for spirulina. We use fresh-water Spirulina Pacifica, which has the best nutrient content and absorption rate compared to many other varieties. The water of its growing pools contains 94 different minerals.

**promotes the maintenance of normal blood sugar levels.**

**Spirulina promotes normal energy metabolism and helps to maintain muscle mass when dieting.**

#### BILBERRY

The bilberry was chosen as the berry of the year in 2013 in Finland. It is our best-known super-berry. Wild bilberries are more nutrient-rich than cultivated blueberries. The anthocyanin concentration in wild bilberries is considerably higher than in pineapples and oranges, for example.

**Maintains normal peripheral circulation.**

**The anthocyanins in bilberries help to protect the health and resilience of capillaries against oxidative stress and free radicals.**

Product information / EN / 2021

## ARCTIC EXTREME

*Spirulina and bilberry*

Nutritional supplement / **100 pcs** / 58 g

#### Ingredients:

Spirulina, bilberry, filler (microcrystalline cellulose) anti-caking agents (magnesium stearate, silica).

#### Recommended daily dosage:

**2-3 tablets/** incl. 800-1200 mg **spirulina** and 200-300 mg blueberry powder.

*The dosage must not be exceeded. Nutritional supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of small children. Store in a cool place*

**Country of origin (spirulina):** USA (Hawaii).

**Country of origin (bilberry):** Finland.

#### Manufacturer: Arctic Nutrition

Kauppakulma, 49400 Hamina, FINLAND,  
Puh. +358 (0)5 229 6777, [www.arcticnutrition.com](http://www.arcticnutrition.com)



### Arctic quality guarantee

#### STRAIGHT FROM NATURE

*We use ingredients straight from nature, such as berries and fruit.*

#### JUST THE ESSENTIALS

*Our products only contain the most nutritious parts of the ingredients.*

#### ADVANCED TECHNOLOGY

*We protect the ingredients during the manufacturing process, preserving the delicate nutrients.*

#### QUALITY GUARANTEE

*We manufacture our products in accordance with the international GMP and ISO quality standards.*